

Greater Plymouth Community Center

2024 SPRING & SUMMER PROGRAM GUIDE



**PLYMOUTH TOWNSHIP DAY
JUNE !!**



**PERSONAL
TRAINING**



LEAGUES

FITNESS CLASSES

SWIM LESSONS

ADULT PROGRAMS

SPECIAL EVENTS

FACILITY RENTALS

**LAP & LEISURE
POOL**

SUMMER CAMPS

PRESCHOOL CLASSES



BUILDING HOURS

Monday - Thursday: 6:00AM-9:00PM
 Friday: 6:00AM-8:00PM
 Saturday & Sunday 8:00AM-4:00PM

LAP POOL HOURS

Monday - Thursday: 6:10AM-8:45PM*
 Friday 6:10AM-7:45PM
 Saturday & Sunday 8:10AM-3:45PM

LEISURE POOL HOURS

Saturday & Sunday 12:00PM-3:00PM

Pool hours subject to change.

*Monday-Thursday 6:45PM-8:45PM and Friday 6:45PM-7:45PM is designated time for programming & rentals in the Lap Pool. The Aquatic Center will be open for Sauna & Whirlpool use. If lanes are unoccupied by rentals or programming they will be available for patron use. Evening use will be very limited & will vary day to day.

*Fitness Center *Lap Pool 25-yards w/ 11 lanes *Warm-water whirlpool *Gymnasium *Basketball, Volleyball & Pickleball *All land aerobic classes included in the price of your pass *Men's, Women's & Family Locker Room *Monthly payment options available for annual members *Indoor Track *Sauna

2024 PLYMOUTH TOWNSHIP RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$487	\$393	\$331	\$166
One-Month Passes	\$49	\$43	\$32	\$20

2024 NON-RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$624	\$500	\$331	\$166
One-Month Passes	\$65	\$56	\$38	\$22

The GPCC charges an additional 3% fee for all credit card transactions.

This 3% fee is nonrefundable.

Please check social media and our website for any updates to GPCC hours.

COLLEGE PASS

*Valid College ID Required.

1 Month Pass	\$49
3 Month Pass	\$100

1-DAY PASS

This pass gives you access to the fitness center, pool and gymnasium. Age restrictions apply.

Monday-Thursday	\$15
Friday-Sunday	\$18

THE GPCC IS CLOSED:

EASTER SUNDAY - 3/31
 MEMORIAL DAY - 5/27
 INDEPENDENCE DAY - 7/4
 SHUT DOWN WEEK 8/26-8/30
 LABOR DAY 9/2

Verifying Residency

As a general guideline (not 100% accurate), the Township's borders are Butler Pike, Township Line Road, Arch Road/ New Hope Street, and 12th Avenue in Conshohocken. Our staff can check your address. Inability to provide proof of Plymouth Township residency will automatically qualify you as a non-resident.

Adults:

Valid PA driver's license
 PA Non-driver ID card
 Military ID
 Renter's Lease Agreement
 Voter's Registration Card

Children:

School ID card w/ photo
 Most recent report card

Age definitions:

Youth: 3-17 years
Adults: 18-61 years
Seniors: 62 + years

Land Aerobics

- Must be 16 years or older to participate.

Gymnasium

- Must be 12 or older without adult supervision

Aquatics Center

- Must be 13 or older without adult supervision

Fitness Center

- Must be 13 years or older to use on a membership.
- Must be 16 years or older to use on a day pass.

ROOM RENTALS

Planning a special occasion? Need a meeting place for your organization or group? Rent a room at the Greater Plymouth Community Center and decorate it for your next event. Perfect for meetings, trainings or that special occasion! Food and refreshments are permitted; however, alcoholic beverages are prohibited. Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information. The GPCC does not accept personal checks for room rentals.

- Reservations must be made in person at the Greater Plymouth Community Center or online at www.plymouthcommunitycenter.org.
- A \$50 non-refundable deposit is due at the time of booking.
- The reservation time should include set-up and clean-up time.
- Please do not arrive prior to the time reserved.
- You must be cleaned up by your designated end time.
- Clean the premises after rental by wiping off countertops, tables, and chairs; clean up spills and place all trash in trash cans.
- Payment for all rentals must be made at least seven (7) days in advance.
- No soliciting, recruiting or loitering is permitted in any non-rented facilities.
- Activity and use of property shall be limited to the designated area (including, for access only, the hallways).
- Use of the facility (gymnasium, pool or fitness center) is **not** included in the rental.
- Rentals must be a minimum of 2 hours.
- Use of profane language, illegal drugs, alcoholic beverages, firearms, gambling, chewing tobacco and smoking on Plymouth Township property is strictly prohibited (by Township Ordinance).

	Room Capacity	Resident	Non-Resident	Resident Business	Non-Resident Business
Room A	96 ppl	\$75	\$100	\$130	\$180
Room B	86 ppl	\$75	\$100	\$130	\$180
Both Room A & B	182 ppl	\$130	\$170	\$220	\$280



POOL PARTY BUNDLE

Pool parties are back at the GPCC! The pool party bundle includes a room and a group swim reservation for up to 20 swimmers.

Saturdays & Sundays

12PM-3PM

Up to 20 children swimmers*

*Parents are free to swim in the Leisure Pool. Any children over the max of 20 will cost \$50 each.

Resident \$435 / Non-Resident \$495

- Reservations can be made in person at the Greater Plymouth Community Center, over the phone, or online at www.plymouthcommunitycenter.org. Please provide an active email as this is our main method of communication regarding your reservation.
- Please review leisure pool rules prior to booking your event as there are age and height restrictions.
- A \$50 non-refundable deposit is due at the time of booking.
- No staff is provided. Children must be supervised at all times.
- No food provided. You are welcome to bring your own. Alcohol and tobacco are prohibited.
- Party-goers only have access to the leisure pool. The lap pool, sauna, and heated whirlpool are excluded from the bundle.
- Room rental policies still apply to pool party bundles. Please see said policies above.

Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information.

PAVILION RENTALS

RULES & REGULATIONS ADHERENCE TO PARK ORDINANCES IS MANDATORY.

- Reservations can be made online or in person. Rental use is scheduled from April 1 to October 31.
- Your receipt of payment acts as your permit for use of the pavilion.
- The time frame listed on your application must include set-up and clean-up time. Please do not arrive prior to the time reserved.
- It is equally important that your group has cleaned up and is ready to leave by the ending time noted.
- The park is open from 10:00 am to dusk
- During your rental, you are entitled to exclusive use of a pavilion. Should other facilities be available (i.e. tennis courts, ball fields), you may share the use with other park patrons. The remaining park facilities will always remain open to the general public.
- **TRASH:** You must provide your own trash bags and take all trash with you when you leave.
- **GRILLS:** You may bring your own grill. However, it may not be placed under the pavilion. You may not drive to the pavilion to drop the grill off. It must be walked from the parking lot to the pavilion.
- Also, the following are **NOT** permitted with rental of pavilions: Alcoholic beverages, vehicles on the park fields/ paths, live music or DJs, open fires or fireworks, activity after dusk, nails, tacks or staples on poles or pavilion uprights, vendors/sales to public, smoking , pony rides or moon bounces.

	Capacity	4 Hrs RES under 50 ppl	4 Hrs NR under 50 ppl	4 Hrs RES over 50 ppl	4 Hrs NR over 50 ppl	Full Day RES under 50 ppl	Full Day NR under 50 ppl	Full Day RES over 50 ppl	Full Day NR over 50 ppl
Harriet Wetherhill Park (HWP)	75 ppl	\$100	\$187	\$187	\$363	\$187	\$363	\$275	\$539
GPCC Park	100 ppl	\$100	\$187	\$187	\$363	\$187	\$363	\$275	\$539
Colwell Park	50 ppl	\$100	\$187	\$187	\$363	\$187	\$363	\$275	\$539



GROUP SWIM RESERVATIONS

The GPCC Leisure Pool is an ideal place to bring a camp or have a party. Group Swim Reservations are available during any of our scheduled open recreation times. You'll get a 2-hour swim with unlimited access to our two story water slide, spray features & funny fish slide for small children...With our indoor water park style pool, you'll never have to worry about: Bee Stings, Sunburns, or Rainy Days! For more information or to book your group, send an email to aquatic@plymouthtownship.org or call the Aquatics Office at 610-313-4060.

Price: \$350 for up to 30 swimmers
 Time: 2-Hours during open swim
 \$100 Add-on Fee for larger groups up to 50



LAND AEROBIC CLASSES

MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE

Spring 2024 GROUP FITNESS SCHEDULE FREE To Monthly & Annual Pass Holders

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:30AM-8:20AM HIIT & Mobility* (Carissa)	NEW		7:30AM-8:20AM Slow Flow Yoga (Courtney)	8:30AM-9:20AM Cardio Kickboxing (Gail)	8:30AM-9:20AM Vinyasa Yoga*
9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)	9:00AM-9:50AM Sr Line Dancing (Gail)	9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)	9:00AM-9:50AM Chair Yoga (Louise)	9:00AM-9:50AM Sr Aerobics Mix with Chairs (Teri)	9:30AM-10:20AM Zumba (Lynette)	
10:15AM-11:05AM SilverSneaker Classic w/ Chairs (Teri)	10:00AM-10:50AM Total Body Fitness (Eileen)	10:15AM-11:05AM SilverSneaker Classic w/ Chairs (Teri)	10:00AM-10:50AM Total Body Fitness (Eileen)	10:15AM-11:05AM SilverSneaker Classic w/ Chairs (Teri)		
6:00PM-6:50PM Cardio Core (Carissa)	6:00PM-6:50PM Zumba (Vanessa)	6:30PM-7:20PM Restorative Yoga (Courtney)	6:00PM-6:50PM Total Body Circuit (Carissa)			

Cardio Kickboxing Punch and kick your way through 50 minutes of nonstop, high energy kickboxing combinations combined with agility drills and core work for an intense full body workout.

Cardio Core (NEW) Build your cardio endurance and improve core strength with this challenging and fun class! Cardio drills will get your heart pumping along with exercises to strengthen and tone your core!

HIIT & Mobility (NEW) This High Intensity Training (HIIT) class includes short periods of quick and intense bursts of exercise followed by short recovery periods with stability centered movements. Class ends with exercises to increase joint range of motion, flexibility, balance, and pliability! *Starts April 2

Total Body Circuit Training (NEW) Experience a combination of exercises (6 - 12 stations) performed for a certain amount of time with short rest periods between them. Circuit training is a great way to improve both cardiovascular fitness and muscular strength and endurance. This is an intense total body workout!

Total Body Fitness Strength, tone and sculpt your entire body! Various equipment will be used for interval training and a mix of cardio intervals. This is a high intensity class.

Slow Flow Vinyasa Yoga A slower style yoga class, includes focusing on breath, becoming aware of the body, and stripping away the chatter or the mind. All levels and abilities welcome.

Restorative Yoga A soothing, restorative practice composed of long-held postures often using props to relax & rejuvenate. This style of yoga focuses on a passive approach to target deep connective tissue, fascial release and joint health. It offers the perfect balance to a cardio/strength-based workout, or simply an exhausting day. All levels welcome.

Vinyasa A style of yoga characterized by sequencing postures moving from one to another, seamlessly, using breath. Otherwise known as a "flow style" of yoga. It is a class that offers both yin and yang - powerful, energetic movements paired with focus on breath and calming the nervous system. Each class will be familiar, yet offer variation in postures and breathing techniques. All levels welcome. *starts April 7

Zumba Fitness A fusion of Latin and International music/dance themes with peppy music that create dynamic and exciting workouts that anyone can do!

Walk-In: \$12 RES/\$14 NR

***Check our app, website and social media for class updates!**

Senior Aerobics Class Descriptions

Senior classes are held in Activity Central (Aerobics Room)

Senior Aerobics Mix A fun mix of choreographed, non-impact, and toning exercises geared for the more mobile, active, older adults. Intermediate fitness level or higher; chairs are optional.

SilverSneakers Classic Various equipment will be used to focus on strengthening muscles and increasing range of motion for daily life activities. A chair is used for seated exercises or standing support. This is a low intensity class for beginners to intermediate.

Chair Yoga A unique yoga style that adapts positions and poses through creative use of a chair. Includes breathing exercises, basic poses, use of supports, meditation and relaxation. Suitable for all ages and fitness levels

Line Dancing for Seniors: Dance your way into wellness! You will learn basic line dances while improving your strength, balance, and coordination. No equipment needed. Beginning to Intermediate levels. No chairs used during this class.



PREMIUM TRAINING CLASSES

Smaller class size than regular group fitness classes for a more personalized workout!

REFUND INFO: Classes run based on having enough participants to cover the cost of the class. Refunds can only be granted prior to the start date.

Core Balance for Active Older Adults

Ages: Seniors

Designed for active older adults who would like to improve their balance, stability, and posture. Various techniques will be used to strengthen the core and leg muscles. You will find yourself enjoying improved stamina for activities of daily life! Class meets twice a week. You must be able to get down on the floor and get back up on your own!

Tuesdays and Thursdays, 10:00AM-10:55AM

Session 1: 4/23-5/16

Price: \$73 PH/\$90 NPH

Program #: 285402.01

Instructor: Teri

Session 2: 6/4-6/27

Price: \$73 PH/\$90 NPH

Program #: 285402.04

Instructor: Gail



Weekend Warrior

Combine all of your favorites into one class for the ultimate total body burn. The weekend warrior will include timed intervals of boxing, suspension training and spin. Step out of your comfort zone and come challenge yourself!

Instructor: Michele G

Saturdays, 4/6-4/27

8:15AM-9:05AM

Price: \$38PH / \$46 NPH

Program #: 205101.08



Walk in: \$13 Pass Holders/ \$15 Non Pass Holders

Fit to Run Ages: 16+ years

Ever think about running a 5k or just even losing weight, gaining muscle, and building endurance? Now is your chance to enjoy the fresh outside air, make new friends, and scratch running a 5k race* off your bucket list! This 8 week program will not only help you build enough endurance to run 3.1 miles (or 30 min straight) but also will help you look and feel better! This class is held outside rain or shine and will meet at the Band shell behind the Community Center. Running tech shirt included with the price of class! **This is a beginner class, no previous running experience needed!** (Must be in good health and slightly active)

Trainer: Ed

Our 5k will be at the John Shapiro's Superhero Run on June 8th! (It's a great race and cause!)

Monday/Tuesday/Thursday, 4/8-6/3* *No class 5/27

6:40PM-7:30PM

Program #: 205402.01

Price: \$152 PH/ \$167 NPH (Tech T shirt included!)

Fitness Boxing

Boxing and agility skills class that will incorporate all of the basic components of boxing with the use of a freestanding punching bag and gloves to offer a cardio toning, stress-relieving workout with intervals of body weight and core exercises.

Instructor: Michele G

Tuesdays, 6:00PM-6:50PM

Session 1: 4/2-4/23

Price: \$38 PH / \$46 NPH

Program: 205101.01

Session 2: 4/30-5/14

Price: \$29 PH / \$35 NPH

Program: 205101.06

Session 3: 6/4-6/18

Price: \$29 PH / \$35 NPH

Program: 205101.02

Thursdays, 6:00PM-6:50PM

Session 1: 4/4-4/25

Price: \$38 PH / \$46 NPH

Program #: 205101.03

Session 2: 5/2-5/23

Price: \$38 PH / \$46 NPH

Program: 205101.07

Session 3: 6/6-6/20

Price: \$29 PH / \$35 NPH

Program: 205101.04

Bike and Bodyweight Burn Ages: 18+years

This class uses spin bikes for cycling and your own body weight to do multiple Boot Camp style exercises with minimal equipment. This is not a spin class, you will be on and off the bike multiple times to incorporate interval training so no special shoes are required, just sneakers. This is a high intensity interval class with limited participants.

Trainer: Ed

Walk in: \$13 Pass Holders/ \$15 Non Pass Holders

Mon, 6/10 -6/24 7:00 PM - 7:45 PM

Program #: 225404.12 Price: \$29 PH/ \$35 NPH

StrongHer - NEW CLASS!

A women-focused, total body strength training class that empowers and encourages women to develop physical strength, confidence, and functional fitness through a variety of exercises!

Instructor: Carissa D

Wednesdays, 4/10-5/15 8:00AM-8:50AM

Price: \$57 PH/\$69 NPH

Program #: 235402.12



**PH= Pass Holder
NPH= Non-Pass Holder**

PREMIUM TRAINING CLASSES

Body Weight Burn Ages: 18+ years

This class combines our suspension training with variations of boot camp style exercises using your body weight and minimal equipment. We will work the whole body in various angles and positions while constantly engaging the core for a great overall workout. This is a high intensity class with limited participants.

Trainer: Ed

Walk-ins: \$13 PH/ \$15 NPH

Wednesdays, 6/5-6/26

6:30PM-7:15PM

Program #: 225402.06

Price: \$38 PH/ \$46 NPH



Outdoor Boot Camp Ages: 18+years

Want to spice up your exercise routine or try something different, or just start your weekend off right with a great workout? This class can be a great supplement to your normal weekly exercise routine; it will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit!

This is a **high intensity** class. **Trainer: Ed**

Walk-ins: \$13 PH/ \$15 NPH

6:30PM-7:25PM

Spring

Session 1: Wednesday, 4/10-5/1

Program #: 215402.09

Price: \$38 PH/ \$46 NPH

Session 2: Wednesday, 5/8-5/29

Program #: 215402.10

Price: \$38 PH/ \$46 NPH

Summer

Tuesday, 6/4-6/25

Program #: 215402.01

Price: \$38 PH/ \$46 NPH

Thursday, 6/6 -6/27

Program #: 215402.02

Price: \$38 PH/ \$46 NPH

Tuesday & Thursday, 6/4-6/27

Program #: 215402.03

Price: \$64 PH/ \$80 NPH

Pilates Mat Fundamentals

Enjoy a total-body workout using body weight and light resistance, working just to the point of fatigue for the fastest toning experience. Each class will incorporate the pelvic floor, abs, and spinal muscles resulting in a stronger core, improvement in joint mobility and overall flexibility, thus helping to prevent against age-related and athletic injuries. We now have Pro Body Pilate Rings to offer a greater challenge during class! All levels welcome!

Instructor: Carissa D

Thursdays, 7:00PM-7:50PM

Walk in: \$13 Pass Holders/ \$15 Non Pass Holders

Session 1: 3/21-4/11

Price: \$38 PH / \$46 NPH

Program: 203701.10

Session 2: 4/18-5/9

Price: \$38 PH / \$46 NPH

Program: 203701.11

Session 3: 5/30-6/20

Price: \$38 PH / \$46 NPH

Program: 203701.12



POUND Unplugged

Channel your inner rock star with this full body cardio-jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Blending 30 minutes of high-intensity training with 10 minutes of rhythmic breathing, mindfulness and meditation, POUND Unplugged will make you sweat, release, and boost neurochemicals before quickly settling back into a peaceful, recharged, and empowered state.

Instructor: Carissa D

Mondays, 7:00PM-7:45PM - NEW Day & Time!

Session 1: 3/18-4/8

Program #: 235402.09

Price: \$38 PH/\$46 NPH

Session 2: 4/15-5/6

Program #: 235402.10

Price: \$38 PH/\$46 NPH

Session 3: 6/3-6/24

Program #: 235402.11

Price: \$38 PH/\$46 NPH

KIDS FITNESS

Zumba for Kids Ages 5 - 12 years

Want a great way to teach kids that exercise is fun? Have them try Zumba kids and Kids Jr. A fun 50 minute class filled with games and dance routines of various rhythms including Latin America, hip-hop and afro beats. Come join the fun!

Instructor: Lynette

Wednesdays, 5:30PM-6:20PM

Session 1: 5/1-5/15

Price: \$29 RES/\$35 NR

Program #: 203700.04

Session 2: 6/5-6/26

Price: \$38 RES/\$46 NR

Program #: 203700.08



PERSONAL AND PARTNER TRAINING

One-On-One and Partner Training

Specialized attention from one of our certified personal trainers targeting your specific fitness goals with customized programming. We have 60 or 30 minute sessions available for all levels of fitness.

One-On-One 30 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$37	\$44
5 Sessions	\$176	\$209
10 Sessions	\$333	\$396
30 Sessions	\$888	\$1,056

One-On-One 60 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$55	\$65
5 Sessions	\$261	\$309
10 Sessions	\$495	\$585
30 Sessions	\$1,320	\$1,560

**FIRST TIME TRAINING
CLIENT SPECIAL: THREE
30 MINUTE SESSIONS
FOR \$99 PH/ \$118 NPH**

Partner Training 60 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$36	\$42
5 Sessions	\$171	\$200
10 Sessions	\$324	\$380

SEMI-PRIVATE PERSONAL TRAINING COMMON GOAL...INDIVIDUAL RESULTS

3 - 5 Clients with a trainer

Youth, Adults, Seniors, Beginners to advanced fitness levels.

Days and times depend on trainer availability and your schedule.

Price per person: Pass Holders \$29/hr session; Non-Pass Holder \$35/hr session
(minimum 4 - one hour sessions) Tailor the number of sessions to meet your group's goals!

Do you have a small group of friends, teammates, wedding party, or family that would like to train together? Let our trainers help improve your sport performance or prep you for the upcoming season, lose weight, tone up, make your workouts more productive, or just motivate you! Semi-private personal training is a more affordable way to enjoy the benefits of a trainer.

Minimum requirements are that you must have at least 3 in your group and pay for at least 4 sessions for an hour each. You can decide how many sessions beyond the minimum that your group would like. Requests for more than 5 in your group will be considered.

If interested please fill out a Request for Semi-Private Training form that is located on our website, by stopping in the fitness center to request one, or contact mbevan@plymouthtownship.org or ebauso@plymouthtownship.org.



ADULT PROGRAMS

Pickleball Clinic- Beginner Ages: 18+ years

The Universal Rackets Beginner Pickleball Clinic will consist of learning serving and returning, how to keep score and rules, dinking and controlling the ball. Basic shot techniques and court positioning will be taught. The clinic is structured into segments, so each session builds off of the previous lesson. After the session is done, a student with no prior pickleball experience will turn into a confident player and be able to play fully on their own outside of class. Location: GPCC
Price: \$210 RES/\$250 NR

Thursdays, 4/25-5/30

4:00PM-5:30PM Program #: 201602.01
5:30PM-7:00PM Program #: 201602.02

Thursdays, 6/6-7/18 (No Class 7/4)

4:00PM-5:30PM Program #: 301606.01
5:30PM-7:00PM Program #: 301606.02

Thursdays, 7/25-9/5 (No Class 8/29)

4:00PM-5:30PM Program #: 301606.03
5:30PM-7:00PM Program #: 301606.04

Pickleball League Ages: 18+ years

Get your partner, pick a team name and come out for some fun and friendly competition. Six-week round-robin league play: five weeks of regular season, sixth week playoffs. Teams will play three games per week; scores are recorded to determine team standings. Teams can be same-sex or co-ed. All skill levels are welcome. Run by Reisel Rackets.

Location: GPCC

Price per person: \$60 RES/\$75 NR

Fridays, 4/5-5/10

5:30PM-6:30PM Beginner to Low Intermediate

Program #: 201606.01

6:30PM-7:30PM Intermediate to Advanced

Program #: 201606.02

Mondays, 5/20-7/1 (No Class 5/27)

5:30PM-6:30PM Beginner to Low Intermediate

Program #: 201606.03

6:30PM-7:30PM Intermediate to Advanced

Program #: 201606.04

Mondays, 7/15-8/19

5:30PM-6:30PM Beginner to Low Intermediate

Program #: 301602.01

6:30PM-7:30PM Intermediate to Advanced

Program #: 301602.02

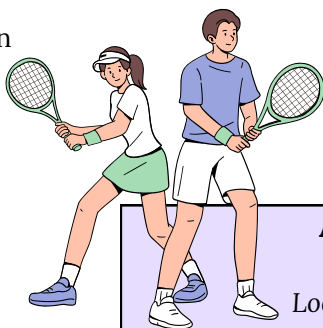
Improv Your Life Ages: 18+ years

Are you ready to embark on an unforgettable journey filled with laughter, creativity and endless possibilities? Look no further! Our Improv Comedy Workshop is designed to help participants unlock their imagination and have a blast while learning the fundamentals of improv comedy. Location: GPCC

Tuesdays, 5/7-5/28 6:00PM-8:30PM

Program #: 201604.01

Price: \$150 RES / \$188 NR



Adult Tennis by Tennis Haven

Ages 18+ years

Location: East Plymouth Valley Park

Spring

Fundamentals

Wednesdays, 4/24-5/22

Rain Date: 5/29

6:30PM-7:20PM

Program #: 201505.02

Price: \$85 RES / \$106 NR

TENNIS FOR FITNESS™

Wednesdays, 4/24-5/22

Rain Date: 5/29

7:30PM-8:20PM

Program #: 201505.01

Price: \$85 RES / \$106 NR

Summer

Fundamentals

Wednesdays, 6/19-7/17

Rain Date: 7/24

6:30PM-7:20PM

Program #: 301503.01

Price: \$85 RES / \$106 NR

TENNIS FOR FITNESS™

Wednesdays, 6/19-7/17

Rain Date: 7/24

7:30PM-8:20PM

Program #: 301503.02

Price: \$85 RES / \$106 NR

Spring Pick-up Pickleball at the GPCC

Monday-Friday 8AM-1PM

Friday 2PM-5PM

Free to passholders

Day Pass Price: \$15 Monday-Thursday

\$18 Fridays

Subject to Change



PRESCHOOL AGE PROGRAMS

Just For Me Ages: 2-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Physical, social and cognitive skills are all emphasized, and both free play and structured time are balanced in a comfortable and relaxed atmosphere. Activities such as crafts, games and music are included. Different crafts for each class.

Please bring a sippy cup to class. It is recommended that children are potty-trained because we do not provide diaper changing.

This is a DROP OFF program.

Location: GPCC
9:30AM-11:30AM

Inclement Weather Policy: GPCC preschool classes follow Colonial School District schedule. If CSD cancels school there are no preschool classes.



Just for Me - April		
Mondays	4/1-4/29 5 Days	\$63 RES / \$78 NR Program #: 201801.01
Tuesdays	4/2-4/30 5 Days	\$63 RES / \$78 NR Program #: 201801.02
Wednesdays	4/3-4/24 4 Days	\$51 RES / \$63 NR Program #: 201801.03
Thursdays	4/4-4/25 4 Days	\$51 RES / \$63 NR Program #: 201801.04
Fridays	4/5-4/26 4 Days	\$51 RES / \$63 NR Program #: 201801.05

Just for Me - May		
Mondays	5/6-5/20 3 Days	\$39 RES / \$48 NR Program #: 201801.07
Tuesdays	5/7-5/28 4 Days	\$51 RES / \$63 NR Program #: 201801.08
Wednesdays	5/1-5/29 5 Days	\$63 RES / \$78 NR Program #: 201801.09
Thursdays	5/2-5/30 5 Days	\$63 RES / \$78 NR Program #: 201801.10
Fridays	5/3-5/31 5 Days	\$63 RES / \$78 NR Program #: 201801.11

Just for Me - June		
Tuesdays	6/4-6/25 4 Days	\$51 RES / \$63 NR Program #: 301801.01
Wednesdays	6/5-6/26 4 Days	\$51 RES / \$63 NR Program #: 301801.02
Thursdays	6/6-6/27 4 Days	\$51 RES / \$63 NR Program #: 301801.03

Just for Me - July		
Tuesdays	7/2-7/30 5 Days	\$63 RES / \$78 NR Program #: 301801.04
Wednesdays	7/3-7/31 5 Days	\$63 RES / \$78 NR Program #: 301801.05
Thursdays	7/11-7/25 3 Days	\$39 RES / \$48 NR Program #: 301801.06

Just for Me - August		
Tuesdays	8/6-8/20 3 Days	\$39 RES / \$48 NR Program #: 301801.07
Wednesdays	8/7-8/21 3 Days	\$39 RES / \$48 NR Program #: 301801.08
Thursdays	8/1-8/22 4 Days	\$51 RES / \$63 NR Program #: 301801.09



Adult/Child Messy Time Playgroup Ages: 1-4 years with adult

Get ready to get messy! During this class, you and your child will have the chance to make the mess and we'll clean it up! They'll get to "mess" with paint, sand, play dough and so much more. Please wear or bring a smock to each class.

Location: GPCC

Thursdays, 4/25-5/30 (6 weeks)

10:00AM-10:45AM

1 Adult & 1 Child: \$65 RES / \$79 NR

Additional Child: \$45

Program #: 201802.01



Wee Play Language Ages: 3-5 years with adult

Preschoolers learn Spanish through a 100% hands-on curriculum. The lesson and materials change each week but always focus on the same set of vocabulary and expressions. We teach through specially designed magnetic play sets, dolls and doctor kits, barns full of animals, and more. Each child has their own set of materials. Location: GPCC

Fridays, 4/19-5/24 1:15PM-2:00PM

Program #: 201605.01

Price: \$110 RES/\$ 137 NR

YOUTH PROGRAMS

Hummingbirds Soccer by Jump Start Sports Ages: 3-5 years

The basics of soccer will be taught during this program, such as dribbling, passing, trapping, shooting and positioning. Each class consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills, and a low-key, non-competitive game. Jump Start soccer t-shirt and award are included. Please bring a water bottle.

Location: GPCC Softball Field - 2903 Walton Rd

Thursdays, 4/11-5/16 5:15PM-6:15PM

Program #: 209107.01 Price: \$120 RES / \$150 NR

Jump Start Junior All-Stars Ages: 3-5 years

The Junior All Stars Sports Program Our Junior All Stars Sports Program is designed to provide children with a positive and age-appropriate introduction to a variety of sports, including soccer, football, hockey, track and field, basketball, and more! In addition to learning about sports, our experienced coaches also focus on motor skills development, including skipping, hopping, balance, and more.

Location: GPCC

Sundays, 4/14-5/19

10:00AM-10:45AM Program# 201408.01

11:00AM-11:45AM Program# 201408.02

Price: \$120 RES/\$150 NR

Youth Tennis by Tennis Haven

Price: \$85 RES / \$106 NR

Location: East Plymouth Valley Park

Saturdays, 4/20-5/18 Rain date 5/25

Ages: 6-7 years - 9:30AM-10:20AM

Program #: 201504.01

Ages: 8-10 years - 10:30AM-11:20AM

Program #: 201504.02

Tuesdays 4/23-5/21 Rain date 5/28

Ages: 11-14 years - 6:45PM-7:30PM

Program #: 201504.03



T-Birds T-Ball by Jump Start Sports Ages: 3-5 years

A fun and highly instructional introduction to baseball for 3-5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Children play a rotating schedule of games. Everyone comes at 10AM the first day and then a game schedule is provided.

Location: GPCC Softball Field - 2903 Walton Rd

Saturdays, 6/1-7/6

Games at 10:00AM or 11:00AM

Program #: 309108.01

Price: \$120 RES / \$150 NR



Classical Music Appreciation With Crafts Ages: 4-8 years

Experience classical music the fun way: through stories, games, movement, and crafts! Each class consists of 2 parts. In the first part, children will listen to a story accompanied by the fragments from 1 piece of classical music. They will be introduced to the composer of the piece, play games, and move with music. In the second part of the class, kids will make a crafts inspired by the story, the music, and provided materials. Class is taught by Kids Look Listen Create.

Location: GPCC

Week 1: Story With Vivaldi's Spring (from The Four Seasons)

Week 2: Story With Grieg's Music (Peer Gynt)

Week 3: Story With Saint-Saëns Music (The Carnival of the Animals)

Week 4: Story With Dukas Music (The Sorcerer's Apprentice)

Sundays, 4/21-5/19 (No class 5/12)

11:00 AM-12:15 PM

Program #: 201109.01

Price: \$86 RES/\$107 NR

Youth Summer Basketball League

Prepare for incredible summer evenings with the Plymouth Township Youth OUTDOOR Basketball League! Our co-ed programs prioritize both fun and learning. During the first week, we will conduct brief evaluations of each child to form teams, followed by a team practice in the second week. The following six weeks will consist of games, during which every player will receive equal playing time and a team t-shirt. We strongly encourage parents to volunteer! Game schedules and dates may be subject to change based on enrollment. In the event of game cancellation due to weather, prorated credits will be issued at the end of the season.

Location: East Plymouth Valley Park

****No Games 7/1 thru 7/4****

Ages: 6-7 years

Mondays, 6/17-8/12 Games at 6:00PM or 7:15PM

Program #: 308701.01 \$57 RES/\$71 NR

Ages: 7-8 years

Tuesdays, 6/18-8/13 Games at 6:00PM or 7:15PM

Program #: 308701.02 \$57 RES/\$71 NR

Ages: 8-9 years

Wednesdays, 6/19-8/14 Games at 6:00PM or 7:15PM

Program #: 308701.03 \$57 RES/\$71 NR

Ages: 9-10 years

Thursdays, 6/20-8/15 Games at 6:00PM or 7:15PM

Program #: 308701.04 \$57 RES/\$71 NR



YOUTH PROGRAMS

Exploring Archery Ages: 6-17 years

Archery is a universal, lifetime sport...anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (field tip), quivers, targets, safety netting and cones will be provided. This program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified (USA Archery), experienced instructors from Shooting Star Archery Academy. Close-toed shoes are required. Location: HWP- 2642 Butler Pike



Price: \$141 RES / \$174 NR

Session 1- Wednesdays, 4/17-5/22

4:30PM-5:15PM Program # 201506.01

5:15PM-6:00PM Program # 201506.02

Session 2- Wednesdays, 6/5-7/10

4:30PM-5:15PM Program # 301506.01

5:15PM-6:00PM Program # 301506.02

Session 3- Wednesdays, 7/17-8/21

4:30PM-5:15PM Program # 301506.03

5:15PM-6:00PM Program # 301506.04

Young Rembrandts - Preschool Ages 4-6 years

The Young Rembrandts pre-school program is specifically designed with the needs of our youngest learners in mind. We use subjects they're familiar with such as animals and toys, as well as their favorite learning tools - pictures, stories, touching, and doing - to enhance social and conflict resolution skills while improving listening, fine-motor skills, and time-on-task.

Location: GPCC

Sunday, 4/14-5/5 9:00AM-9:45AM

Program #: 201103.01 Price: \$78 RES/\$97 NR

Sunday, 6/2-6/23 9:00AM-9:45AM

Program #: 301103.01 Price: \$78 RES/\$97 NR

Young Rembrandts - Cartoon Ages 7-14 years

This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits! Location: GPCC

Sunday, 4/14-5/5 10:00AM-11:00AM

Program #: 201103.02 Price: \$78 RES/\$97 NR

Sunday, 6/2-6/23 10:00AM-11:00AM

Program #: 301103.02 Price: \$78 RES/\$97 NR



Twinkle Toes Ages: 3-5 years

Children can develop their love of dance through this program. Ballet is the main focus for this introduction to dance. It is recommended children wear leotards and ballet slippers for the younger class. Parents are invited to a performance during the last class. Parents are encouraged to leave for all other classes.

Location: GPCC

Price: \$60 RES/\$75 NR

Saturdays, 4/27-6/1*

*No class 5/25

10:30AM-11:15AM Program #: 201201.01

Saturdays, 6/15-7/27*

*No class 7/6

10:30 AM-11:15AM Program #: 301201.01



Soccer Stars Ages: 1-10 years

Soccer stars is the area's most popular youth educational soccer program! Backed by over 20 years of experience, we teach the FUNDamentals of soccer using positive reinforcement, imaginative themes, and engaging games. Players will learn skills, physical literacy, build self-confidence, and develop teamwork in every class. Certified coaches lead age-specific programs with low kid-to-coach ratios for children 1-10+. Location: GPCC Front Lawn

Price: \$152 RES/\$190 NR

Sundays, 6/2-7/14* *No class 7/7

9:00AM-9:45AM Ages 3-4 Program #: 301104.06

9:50AM-10:30AM Ages 1-2 Program #: 301104.07

10:35AM-11:15AM Ages 2-3 Program #: 301104.08

Mondays, 6/3-7/8

5:15PM-6:15PM Ages 5-7 Program #: 301104.09

6:20PM-7:20PM Ages 8-10 Program #: 301104.10



Kids Karate Ages: 5-9 years

A basic introduction to Karate with an emphasis on coordination and flexibility. Certified Karate instructors will cover introductory topics of karate and martial arts.

Location: GPCC

Price: \$60 RES/\$75 NR

Tuesdays, 4/16- 5/21

5:45PM-6:45PM

Program #: 201701.01

Tuesdays, 6/4- 7/9

5:45PM-6:45PM

Program #: 301701.01





Tiny Tumbles

Location: GPCC

Price: \$115 RES/\$144 NR

Kid & Caregiver 1 - Kid and Caregiver 1 introduces the very youngest gym-goers to gymnastics equipment and a class environment. This class aims to nurture child-caregiver connections, foster engagement with novel activities and settings, support the achievement of developmental milestones, and promote learning through play.

Kid & Caregiver 2 - Kid and Caregiver 2 nurtures toddlers' expanding capabilities with age-appropriate challenges and increased class structure. This class aims to nurture both physical and social-emotional development, instill confidence, and equip children to participate in independent gymnastics classes.

Preschool Gymnastics - Preschool Gymnastics takes tykes to the next level by introducing more challenging skills and fostering continued development of social skills and autonomy. This class aims to introduce gymnastics basics, foster goal setting and teamwork, emphasize direction following, turn taking, and problem solving skills, and nurture both physical and social-emotional development.

Kinder Gymnastics -Kinder Gymnastics is designed for children who have no prior experience or are still at the beginner level. This class aims to introduce gymnastics basics, strengthen social skills, boost physical fitness, and equip students to move up to the Beginnermediate Gymnastics class.

Beginnermediate Gymnastics - Students who are able to perform the listed prerequisite skills can participate in Beginnermediate Gymnastics, which is more technique-focused than Beginner Gymnastics and is designed for those with prior gymnastics experience.

Beginnermediate Prerequisite skills:

- Forward and backward roll
- Cartwheel
- 3/4 handstand
- Casts with belly off bar
- Pullover on bar with the help of a wall
- bridge with head off floor



Beginner Gymnastics - Beginner Gymnastics is designed for children who have no prior experience or are still at the beginner level. This class aims to introduce gymnastics basics, promote teamwork and sportsmanship, encourage evaluation of personal progress, boost physical fitness, and equip students to move up to the Beginnermediate Gymnastics class.

Class	Ages	Dates	Times	Program #
Kid & Caregiver 1	18-30 months	Fridays, 4/12-5/17	11:00AM-11:45AM	201412.06
Kid & Caregiver 2	2 years	Fridays, 4/12-5/17	10:00AM-10:45AM	201412.05
Preschool Gymnastics	3-4 years	Thursdays, 4/11-5/16	4:00PM-4:45PM	201412.01
Preschool Gymnastics	3-4 years	Fridays, 4/12-5/17	12:00PM-12:45PM	201412.07
Kinder Gymnastics	5-6 years	Thursdays, 4/11-5/16	5:00PM-5:45PM	201412.02
Beginnermediate Gymnastics	5-10 years	Thursdays, 4/11-5/16	7:00PM-7:45PM	201412.04
Beginner Gymnastics	7-10 years	Thursdays, 4/11-5/16	6:00PM-6:45PM	201412.03

SPRING BREAK & SCHOOLS OUT PROGRAMS

School's Out Activity Days

Ages: K-6th Grade

Send your kids to the GPCC on their day off from school! Each day will consist of a variety of games, sports and a project. Must pack a lunch and a snack.

Wednesday, April 10

Regular Care: 9:00AM-4:00PM Program #: 101601.07

Price Per Day: \$46 RES/ \$58 NR

After Care: 4:00PM-6:00PM (must be signed up for Regular Care to stay for After Care) Program #: 101601.08

Price Per Day: \$15 RES/\$19 NR

Spring Break Basketball Camp by Jump Start Sports

Ages: 5-12 years

This camp includes hands on instruction with shooting, dribbling, defense, and more!

Location: GPCC

Monday-Friday, 3/25-3/29

Half Day 9:00AM-12:00PM

Program# 201503.01 Price: \$187 RES/ \$224 NR

Full Day 9:00AM-3:00PM (Pack a Lunch)

Program# 201503.02 Price: \$247 RES/ \$296 NR



AFTER SCHOOL RENDEZVOUS 2024/2025

Need a fun place for your child to go after school? Send them to the Greater Plymouth Community Center's After School Program! Snack is provided for the after school children. Customize your schedule. Sign up for only the days of the week you need, or all 5 days at a discounted rate. For your convenience, we will meet on Colonial School District half days. Free bus transportation from Colonial Elementary, Plymouth Elementary, & Ridge Park Elementary is available. We offer a monthly payment option. The After School Rendezvous program will participate in activities such as sports, games, the playground and swimming. For more information please contact Barb Griffis at 610-313-4062 or at Bgriffis@plymouthtownship.org.

THERE WILL BE NO AFTER SCHOOL PROGRAM THE FIRST WEEK OF SCHOOL 8/27-8/30

2024 Fall Session (September 3- December 20)

No Class 8/27-8/30, 9/2, 10/3, 11/1, 11/5, 11/27, 11/28 & 11/29

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 9/9-12/16	401902.01	401902.07	\$240	\$276	\$293	\$345
Tuesdays, 9/3-12/17	401902.02	401902.08	\$240	\$276	\$293	\$345
Wednesdays, 9/4-12/18	401902.03	401902.09	\$240	\$276	\$293	\$345
Thursdays, 9/5-12/19	401902.04	401902.10	\$240	\$276	\$293	\$345
Fridays, 9/6-12/20	401902.05	401902.11	\$240	\$276	\$293	\$345
All 5 Days	401902.06	401902.12	\$1,080	\$1,242	\$1,320	\$1,553

*** After School Rendezvous runs from after school to 6:00pm. In case of inclement weather and Colonial School District closes early, there will be NO After School Program. All children will be sent home on their regular bus.**



2025 Winter Session (January 2-April 11) No Class 1/20, 2/14, 2/17 & 3/31

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 1/6-4/7	101902.01	101902.07	\$225	\$259	\$275	\$323
Tuesdays, 1/7-4/8	101902.02	101902.08	\$225	\$259	\$275	\$323
Wednesdays, 1/8-4/9	101902.03	101902.09	\$225	\$259	\$275	\$323
Thursdays, 1/2-4/10	101902.04	101902.10	\$225	\$259	\$275	\$323
Fridays, 1/3-4/11	101902.05	101902.11	\$225	\$259	\$275	\$323
All 5 Days	101902.06	101902.12	\$1,013	\$1,165	\$1,238	\$1,456



2025 Spring Session (April 21-June 13) No Class 5/23 & 5/26

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 4/21-6/9	201902.01	201902.07	\$120	\$138	\$147	\$173
Tuesdays, 4/22-6/10	201902.02	201902.08	\$120	\$138	\$147	\$173
Wednesdays, 4/23-6/11	201902.03	201902.09	\$120	\$138	\$147	\$173
Thursdays, 4/24-6/12	201902.04	201902.10	\$120	\$138	\$147	\$173
Fridays, 4/25-6/13	201902.05	201902.11	\$120	\$138	\$147	\$173
All 5 Days	201902.06	201902.12	\$540	\$621	\$660	\$776



SUMMER CAMP

How to register:

Online: Registration will only be done online. Call a few days before registering to guarantee you are charged the proper rate and have your user id and password. You will need to submit all required forms prior to camp.

www.plymouthcommunitycenter.org

In person: Registration Forms must be completed online, in advance from our website for a smoother registration experience.

Required Forms:

- Complete registration and waiver forms online (Due at registration)
- Pediatrician Medical Form (Due June 1st)

Refunds: There will be NO REFUNDS granted for ANY camp program. Participants assume the risk of changes in personal affairs or health. Under certain circumstances, household credits may be available. If you have any questions, please contact the GPCC at 610-277-4312

No registrations will be taken over the phone.

CAMP GPCC (6-11 YEARS)

This traditional day camp has a wide variety of activities including arts and crafts, sports, trips, and swimming. Campers are separated into two age groups; 6-7 year olds and 8-11 year olds. If your child does not go on the trip, there is no camp. Children must bring a lunch, snack and bathing suit daily. *Location:* GPCC

Ages: 6-7 : Program #: 309501

Ages: 8-9 : Program #: 309505

Ages: 10-11: Program #: 309509

- All release forms must be signed by a parent or legal guardian.
- A bi-weekly trip is planned for an additional fee.
- If your child does not go on the field trip, there is no camp that day.
- There is no camp July 4th & July 5th.
- Monthly billing is available.
- Contact: Barb Griffis, bgriffis@plymouthtownship.org (610-313-4062)

*** Weeks with trips.**

Date	Time	Price
6/17-6/21	9:00am - 4:00pm	\$235 R / \$293 NR
*6/24-6/28	9:00am - 4:00pm	\$223R / \$279 NR
7/1-7/3	9:00am - 4:00pm	\$150 R / \$208 NR
*7/8-7/12	9:00am - 4:00pm	\$223R / \$279 NR
7/15-7/19	9:00am - 4:00pm	\$235 R / \$293 NR
*7/22-7/26	9:00am - 4:00pm	\$223R / \$279 NR
7/29-8/2	9:00am - 4:00pm	\$235 R / \$293 NR
*8/5-8/9	9:00am - 4:00pm	\$223R / \$279 NR
8/12-8/16	9:00am - 4:00pm	\$235 R / \$293 NR
8/19-8/23	9:00am - 4:00pm	\$235R / \$293 NR

Camp GPCC Extended Care

Before Care / Week	8:00am - 9:00am	\$45 R / \$55 NR
Before Care / Day	8:00am - 9:00am	\$10 R / \$13 NR
After Care / Week	4:00pm - 6:00pm	\$55 R / \$69 NR
After Care / Day	4:00pm - 6:00pm	\$13 R / \$16 NR

TEEN CAMP (12-15 YEARS)

This camp offers exciting adventures including trips, swimming and activities. Daily activities will include athletic competitions, food projects, and other awesome games. There will be 2 planned trips each week for additional fee on Tuesdays and Wednesdays. No camp at GPCC on trip days.

Location: GPCC

Program #: 309609

- There will be 2 planned trips each week for additional fee on Tuesdays and Wednesdays.
- There is no camp held at the community center on trip days.
- There is NO before or after care for Teen Camp.
- Campers must bring a lunch, snack & bathing suit daily.
- Sneakers must be worn everyday.
- A parent or legal guardian must sign all release forms.
- There is no camp July 4th & July 5th.
- Contact: Shawn Mazei, smazei@plymouthtownship.org (610-277-6122)

Dates	Time	Price
6/24 - 6/28	9:00am - 4:00pm	\$150 R / \$187 NR
7/1-7/3	9:00am - 4:00pm	\$100 R / \$125 NR
7/8-7/12	9:00am - 4:00pm	\$150 R / \$187 NR
7/15-7/19	9:00am - 4:00pm	\$150 R / \$187 NR
7/22-7/26	9:00am - 4:00pm	\$150 R / \$187 NR
7/29-8/2	9:00am - 4:00pm	\$150 R / \$187 NR
8/5-8/9	9:00am - 4:00am	\$150 R / \$187 NR
8/12-8/16	9:00am - 4:00pm	\$150 R / \$187 NR

PLAYGROUND CAMP (6-12 YEARS)

This camp is held entirely outdoors! Come and enjoy traditional playground activities including arts and crafts and sports. The playground program is informal with minimal structure and the age groups will overlap for many of the activities. This camp goes on two trips and entertainment is brought in. We will spend 1 day, each week, at the GPCC enjoying the pool and the rest of the facility (subject to change). Children must bring a lunch and snack daily.

Location: Plymouth Elementary School

Ages: 6-8 : Program #: 309701.01

Ages: 9-12 : Program #: 309701.02

- This program will be held outdoors unless it is raining.
- Two trips are planned for additional fees. If your child does not attend the field trip, there is no camp that day.
- Children must bring a lunch and a snack daily.
- A parent or legal guardian must sign all release forms.
- There is no camp July 4th & July 5th.
- Contact: Sarah Heitzenrater, Sheitzenrater@plymouthtownship.org (610-313-8680)

Playground Camp		
6/24-8/2	9:00AM-3:00PM	\$440 R / \$550 NR

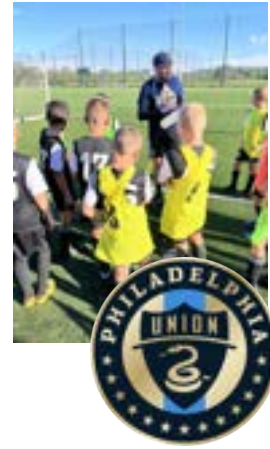
ONE-WEEK CAMPS

Philadelphia Union Soccer Camp (4 Day Camp) Ages: 6-14 years

The Philadelphia Union youth training programs are proud to offer a variety of summer camps throughout PA, NJ, and DE for players who want a fantastic camp experience, additional training outside of their club schedule, and to be part of the Philadelphia Union family. Our unique camp programs are designed to enhance individual skill levels, possess a fun element and allow players from different soccer organizations to come together to play the beautiful game. The Philadelphia Union are dedicated to growing the love of the game through cost effective programs that will allow us to capture the hearts and minds of families and create lifelong Union fans. *Location: Cowell Park - 1340 Hillcrest Rd*

6/17-6/20 5:00PM-8:00PM

Register at www.philadelphiaunion.com/youth/camps/home



Jump Start Sports Basketball Ages: 5-11 years

Basketball players have a blast learning the basic fundamentals of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program that utilizes creative team and individual drills and games. The week culminates in a fun 3 on 3 Basketball Tournament! In all of our basketball programs, coaches utilize a wide variety of innovative drills to teach individual skills and game play to help teach team concepts and teamwork. Drills and instruction are age appropriate, but our staff coaches are trained to teach players with a wide variety of understanding and skill level.

Location: GPCC

Price: \$247 RES / \$296 NR

8/19-8/23 9:00AM-3:00PM (Pack A Lunch)

Program #: 309715.01



Princess Extravaganza Ages: 4-7 years

Put on your most beautiful Princess dress and step out for a week of make-believe fun. We will listen to our favorite fairy tale princess stories, decorate our own crown and wand, play games and enjoy lots of other fun princess things. Please bring a snack and drink daily.

Location: GPCC

7/22-7/26 9:30AM-11:30AM

Program #: 309105.01 Price: \$65 RES/\$80 NR

Richie Ashburn-Harry Kalas Foundation Baseball Camp

This camp, open to children ages 6-12, stresses the fundamentals of the game while incorporating important life lessons.

Monday-Thursday, 7/15-7/18

www.ashburnkalasfoundation.org for more information and to register.

Location: East Plymouth Valley Park



Villanova Baseball Camp

7/29-8/2 9:00AM-12:30PM

Eddie Cribby

Ecribby@villanova.edu

856-524-1681



Superhero Adventure Ages: 4-7 years

Calling all Superheroes! It is time to take a break from saving the world, make superhero crafts, and play games. So put on your costume and cape, and join us for a weeklong Superhero Adventure! Please bring a snack and drink daily.

Location: GPCC

7/29-8/2 9:30AM-11:30AM

Program #: 309105.02

Price: \$65 RES/\$80 NR



Crafty Creations Ages: 4-7 years

Your kids will love creating different arts and crafts projects. We will be using a different medium each day. Please bring a snack and drink daily.

Location: GPCC

8/12-8/16 9:30AM-11:30AM

Program #: 309105.03 Price: \$65 RES/\$80 NR

ONE-WEEK CAMPS

Theater Camp by Theatre Horizon *Ages: 7-12 years*
 Young actors spend a week working as an ensemble to create an original play full of drama, comedy, suspense, and one-of-a-kind characters. Professional teaching artists guide campers through playwriting basics and fun improvisation games. On the last day, they perform their world premiere play for an audience! In Summer Drama Camp, children make new friends, build listening and ensemble skills, take on leadership roles, and explore their creativity. The plan will be for a performance with a live audience, if an in-person audience is not considered, families will be sent a link to watch from off-site, and they will be sent a recording of the showcase. (Contact Sarah for a multiple week's discount 610-313-8680)

Location: Colonial Middle School

- 6/24-6/28** 9:00AM-3:00PM
 Program #: 309103.01 Price: \$200 RES/\$228 NR
- 7/15-7/19** 9:00AM-3:00PM
 Program #: 309103.02 Price: \$200 RES/\$228 NR
- 8/12-8/16** 9:00AM-3:00PM
 Program #: 309103.03 Price: \$200 RES/\$228 NR



Young Rembrandts: Pirate Workshop *Ages: 6-12 years*
 Ahoy mates! Join us as we explore the world of pirates with new drawing adventures! Pirates, treasure maps, sunken treasures, parrots, a grand pirate ship and more will inspire us as we draw, using cartoon and realistic drawing techniques. Kids love drawing our playful, expressive characters and will complete several drawings each day using the unique Young Rembrandts drawing method. They will show you all they have learned over the week when they complete one large scene on the final day. Get ready for pirate fun and enroll today!

Location: GPCC

- 7/8-7/12** 10:00AM-12:00PM
 Program #: 309102.01 Price: \$165 RES/\$180 NR



Young Rembrandts: Junior Zoo Workshop *Ages: 4-7 years*
 This workshop gives our students the chance to draw all the different animals and things we see at the zoo! Llamas, lions, monkeys and more will fill our drawings. We will complete our last day with one large scene including all the animals we drew that week in a clever and cute imaginary zoo. Enroll today to get your spot!

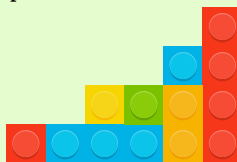
Location: GPCC

- 8/5-8/9** 10:00AM-12:00PM
 Program #: 309102.02 Price: \$165 RES/\$180 NR

Transportation Engineering using LEGO Materials *Ages: 4-7 years*
 Break the sound barrier on a supersonic jet, deliver cargo by train, and explore a swamp in your airboat. Build and create different modes of transportation out of more than 20,000 pieces of LEGO, all while learning about the engineering concepts that make vehicles and vessels work. All LEGO materials are provided for camp.

Location: GPCC

- 8/19-8/23** 9:00AM-12:00PM
 Program #: 309201.01 Price: \$150 RES/\$173 NR



INdi Studios: Pottery Design Camp *Ages 5 and up*
 Camp is a great way to spend a week getting to know the art of ceramics, while meeting new friends and fellow artists. Each day begins with a new lesson on hand building, followed by a guided project incorporating the new technique taught. We will also be dabbling with modeling clay (oil-based polymer.) All terracotta projects will be glazed by the participants and then taken back to INDI studios at the end of the week to be fired. All pieces will be available for pick up within 10 days from the last day of camp. Please bring a lunch, light snack and drink. All supplies included. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1. For more information, go to www.InDistudio.org

Location: HWP- 2642 Butler Pike

- | | | | |
|--|---|--|---|
| 7/22-7/26
Program #: 309704.01 | 9:00AM-12:00PM
Price: \$190 RES/\$218 NR | 8/19-8/23
Program #: 309704.03 | 9:00AM-12:00PM
Price: \$190 RES/\$218 NR |
| 7/22-7/26
Program #: 309704.02 | 9:00AM-3:30PM
Price: \$365 RES/\$400 NR | 8/19-8/23
Program #: 309704.04 | 9:00AM-3:30PM
Price: \$365 RES/\$400 NR |

ONE-WEEK CAMPS

Chess by Chess Wizards Ages: 6-12 years

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a t-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full day kids should bring a lunch. Unleash your brainpower and spend part of your vacation with Chess Wizards! Location: Harriet Wetherill Park - 2642 Butler Pike

6/24-6/28 9:00AM-12:00PM

Program #: 309403.01 Price: \$225 RES/\$275 NR

6/24-6/28 12:00PM-3:00PM

Program #: 309403.02 Price: \$225 RES/\$275 NR

6/24-6/28 9:00AM-3:00PM

Program #: 309403.03 Price: \$325 RES/\$375 NR

8/12-8/16 9:00AM-12:00PM

Program #: 309403.04 Price: \$225 RES/\$275 NR

8/12-8/16 12:00PM-3:00PM

Program #: 309403.05 Price: \$225 RES/\$275 NR

8/12-8/16 9:00AM-3:00PM

Program #: 309403.06 Price: \$325 RES/\$375 NR



SCIENCE EXPLORERS

Fizz, Bang, Boom, Bot By Science Explorers Ages 7-11 years

We've taken our after-school club topics from 2023-24 and turned them into a fun-filled week-long camp! Explore the science of slime, create chemistry mixtures that fizz, pop, and glow, investigate the science behind color and light, join our anatomy academy and discover how amazing the human body is, and uncover Earth's mysteries as we explore the world of dinosaurs, discover hidden treasures, use the power of the sun to make tasty treats. ****Non-residents must register online at www.ScienceExplorers.com or contact Science Explorers directly at 1-877-870-6517.**

Location: Harriet Wetherill Park - 2642 Butler Pike

7/15-7/19 9:00AM-12:00PM

Program #: 309303.01 Price: \$288 RES

7/15-7/19 9:00AM-4:00PM (Pack A Lunch)

Program #: 309303.02 Price: \$498 RES

Magical World of Science by Science Explorers Ages: 7-11 years

We've taken our after-school club topics from 2023-24 and turned them into a fun-filled week-long camp! Explore the science of slime, create chemistry mixtures that fizz, pop, and glow, investigate the science behind color and light, join our anatomy academy and discover how amazing the human body is, and uncover Earth's mysteries as we explore the world of dinosaurs, discover hidden treasures, use the power of the sun to make tasty treats. ****Non-residents must register online at www.ScienceExplorers.com or contact Science Explorers directly at 1-877-870-6517.**

Location: Harriet Wetherill Park - 2642 Butler Pike

7/29-8/2 9:00AM-12:00PM

Program #: 309303.05 Price: \$288 RES

7/29-8/2 9:00AM-4:00PM (Pack A Lunch)

Program #: 309303.06 Price: \$498 RES



Astronaut Academy by Science Explorers Ages: 7-11 years

3...2...1 BLAST OFF to discovering space and flight! Half day campers will explore the stars and constellations as you take an out-of-this-world sky tour in our homemade planetarium, prepare for lift-off as you build and launch your own rocket while learning about Newton's Laws of Motion, complete a mission to Mars as you design and build your own model space station and work in engineering teams to construct space capsules that will be used to launch "eggstronauts"! Full day campers will continue to use their astronaut wits as we build air powered nano-rovers, make craters and dry ice comets, and work with a robotic arm as we learn how astronauts use robots to work on satellites. Come join us on our mission through outer space! ****Non-residents must register online at www.ScienceExplorers.com or contact Science Explorers directly at 1-877-870-6517.**

Location: Harriet Wetherill Park - 2642 Butler Pike

7/8-7/12 9:00AM-12:00PM

Program #: 309303.03 Price: \$288 RES

7/8-7/12 9:00AM-4:00PM (Pack A Lunch)

Program #: 309303.04 Price: \$498 RES

CERTIFICATION PROGRAMS

Babysitter's Training - Ages: 11-15 years

The American Red Cross Babysitter's Training course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn to keep themselves and others safe and help children behave; and learn about basic child care and basic first aid.

Saturday, 5/11

9:30AM-3:30PM (Pack A Lunch)

Program #: 203311.01

Saturday, 8/10

9:30AM-3:30PM (Pack A Lunch)

Program #: 303311.01

Price: \$90 (includes book and certificate)

Adult and Pediatric First Aid/CPR/AED- Blended Learning Ages: 15+ years

The American Red Cross Adult and Pediatric First Aid/CPR/AED blended learning course equips students to recognize and care for a variety of first-aid breathing and cardiac emergencies involving adults children and infants. It is designed for students who need a certification that satisfies OSHA workplace or other regulatory requirements. This class is taught in a blended learning format and the online portion (accessed via mobile desktop or tablet) must be completed prior to attending the Instructor-led skills session. Upon successful completion, a valid 2-year digital certificate for Adult and Pediatric First Aid/CPR/AED is issued. **Online learning information will be sent a week prior to the class session, please allow 2-3 hours to complete the online portion.**

Wednesday, 5/15

6:00PM-8:15PM

Program #: 203310.01

Price: \$95 (includes book and certificate)

Thursday, 7/18

6:00PM-8:15PM

Program #: 303310.02

AQUATIC CERTIFICATION PROGRAMS

The deadline for registration or withdrawal for all American Red Cross aquatic training classes will be 7 business days prior to the first scheduled date. The ARC standards mandate a minimum of 4 participants for each training class. If we do not meet the minimum by the deadline, we will cancel the class. We and the other participants in the class require certainty that a class will run once the deadline passes. Therefore, we will not accept any cancellation or withdrawal requests after the deadline.

Lifeguard Training - Blended Learning - Ages: 15+ years

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Candidate Pre-requisites for Lifeguard Training Courses: 300 yard swim, 2 minute treading water without use of arms, and timed 20 yard swim and brick retrieval at 13 feet depth without goggles.

Price: \$350 (includes book, mask, and certificates)

Section #1

In-Person Pre-Course Session:

Saturday, 4/27 10:00AM-12:00PM

In-Person Skills Sessions:

Saturdays, 5/11 & 5/18 10:00AM-3:00PM

Sundays, 5/12 & 5/19 10:00AM-3:00PM

Program #207801.04

Section #2

In-Person Pre-Course Session:

Friday, 5/31 5:00PM-7:00PM

In-Person Skills Sessions:

Tuesday, 6/11 3:00PM-8:00PM

Wednesday, 6/12 3:00PM-8:00PM

Thursday, 6/13 3:00PM-8:00PM

Friday, 6/14 3:00PM-8:00PM

Program #207801.05

Blended Learning combines online learning with in-person skills sessions conducted by a Red Cross certified instructor. The blended learning online sessions offer students a variety of elements to learn program content including videos, lesson narration and special interactive features. This allows for individualized, self-paced learning. Once the online session has been successfully completed, students practice skills and are assessed by the instructor during the in-person skills sessions.

Lifeguard Review Ages: 15+ years

The purpose of this course is to recertify current ARC lifeguards whose certifications are about to expire. Participants will briefly review course information and practice their lifeguarding skills and knowledge before testing. Students who successfully complete this course will receive a certificate for Lifeguarding/First Aid/CPR/AED which is valid for 2 years.

Candidate Pre-requisites for Lifeguard Review Courses: Current certification in Red Cross Lifeguarding/First Aid/CPR/AED & a CPR Mask is required to participate. Participants must also complete a 300 yard swim, 2 minutes treading water without use of arms, and a timed 20 yard swim and brick retrieval at 13 feet depth without goggles.

Price: \$150

Section #1

In-Person Pre-Course Session:

Friday, 5/3 5:00PM-7:00PM

In Person Skills Session:

Saturday, 5/4 8:00AM-4:00PM

Program #207802.01

Section #2

In-Person Pre-Course Session:

Friday, 5/31 5:00PM-7:00PM

In-Person Skills Session:

Saturday, 6/1 8:00AM-4:00PM

Program #207802.02



WATER AEROBICS

Deep Water Exercise: This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate.

Silver Sneaker Splash: Activate your aqua urge for variety! Silver Sneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required.

WALK-IN: \$20

Water Aerobics Schedule Spring & Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM-9:45AM	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Kathy)	Deep Water (Adel)	Deep Water (Rose)
10:00AM-10:45AM	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Kathy)		
6:00PM-6:45PM		Deep Water (Adel)	Deep Water (Janine)	Deep Water (Adel)			

Water aerobics schedule is subject to change

WEX FEE STRUCTURE

Patrons can purchase a Water Exercise add-on (WEX) to their monthly (\$31) or annual (\$276) passes. If you have Silver Sneakers, Silver & Fit, or Renew Active, you may purchase an annual WEX pass for \$414. SilverSplash is only included in the Silver Sneakers membership. With WEX, patrons will be able to use the entire community center and take unlimited Water Fitness classes!

Resident Passes		Non-Resident Passes	
	Total		Total
Annual Adult Pass	\$763	Annual Adult Pass	\$900
Annual Senior Pass	\$669	Annual Senior Pass	\$776
Monthly Adult Pass	\$80	Monthly Adult Pass	\$96
Monthly Senior Pass	\$74	Monthly Senior Pass	\$87

PRIVATE SWIM LESSONS

Private Swim Lessons: At GPCC we offer Private Swim Lessons in 4-Week Spring Sessions & 6-Week Summer Sessions that run on the same schedule as our group lessons. We create a master schedule with availability, you select a day & time that works for you and you come once a week for the session. All private swim lessons will be one-on-one with an experienced GPCC swim instructor.

NEW! Online Registration:

The first day of Private Lesson sign-ups is conducted online only. Online sign-ups will go live at 6:00am on the registration start date and will be conducted on a first come first served basis at www.plymouthcommunitycenter.org. First time users please contact the Front Desk (610)277-4312 to set up your online account. After the first day of registration, patrons are welcome to register online, over the phone, or in person at the Front Desk. **All Private Lesson registrations are final and we do not issue refunds, please keep this in mind before registering.** Any questions, call the Aquatics Office directly at (610)313-4060.

Private Registration Begins at 6:00AM on the Following Start Dates:

Spring Session: **Wednesday, April 17th**

Summer Session: **Wednesday, June 12th**

Private Swim Lesson Session Begins:

Spring Session: **Monday, April 22nd**

Summer Session: **Monday, June 17th**

Spring Session - 4-Weeks/40-Minute Classes - Price: \$137 RES/\$171 NR

Summer Session - 6-Weeks/40-Minute Classes - Price: \$204 RES/\$258 NR



SWIM LESSONS

Important Learn to Swim Information – Read Before Registering

Pre-School Lessons

- Participants must be comfortable enough to get in the water with an instructor and follow directions.
- If your child is fearful or has difficulty following instructions, please sign up for our parent/child Aqua Explorers class.

Swim Lessons & Illness

- Stay at home if your child has diarrhea, is vomiting, has a fever, has a cold or is diagnosed with COVID-19 or another infectious illness.
- Children with allergies or other minor illnesses are permitted to swim so long as they feel well enough to do so. Still, try to minimize their physical interactions with other kids and pool equipment.

Make-up Lessons

- We DO NOT offer make-up lessons for missed classes. Sessions are only 4-weeks and 6-weeks, we kindly ask that you keep this in mind before registering.

Refunds

- To request a refund for a Group Swim Lesson, send an email to aquatic@plymouthtownship.org with the enrollee's name, class, and program number.
- Refund requests must be received no less than 7-full business days prior to the start of the session.
- A service charge of \$8.00 is assessed for each refunded registration.
- Please allow 4-6 weeks for processing.
- Refunds will not be issued for Private Swim Lessons

Before the Swim Lesson

- Mothers, please take your daughters to the women's locker room and fathers, please take your sons to the men's locker room. This will help cut down on the crowding in the family locker room.
- Parents with children of the opposite gender must use the family locker room, regardless of age.
- Please shower before entering the water.
- Swim lesson participants should use the bathroom before the lesson.
- All children who are not potty-trained are required to wear swim diapers.
- Swim lesson participants should not eat before their lessons.
- Please do not send a sick child to swim lessons.
- Should vomit or an accident occur in a pool, we will be forced to shut down the pool for an extended period and possibly cancel classes. Please help us avoid this situation.

During the Swim Lesson

- Parents are not allowed at poolside during swim lessons, especially lessons taking place in the leisure pool. You may wait up in the bleachers or in the lobby. We do invite you to the pool deck for the final lesson of the session to see how far your child has progressed.
- Parents may not leave the building during swim lessons.
- Please tie back all long hair or put it in a swim cap for swim lessons.
- We do allow goggles for swim lessons as long as they do not become a distraction or a plaything.
- We do not allow full masks that cover the nose, or nose clips.
- We do not recommend wearing water shoes in swim lessons.



SWIM LESSONS

Aqua Explorers: Preschool Class- Ages: 6 months-5 years- Parent/Guardian In-Water Participation Required

Students will learn to feel comfortable in the water with the adult's reassurance. Children will experience water adjustment, front kicking, back float, water entries and exits. Parents will learn holding positions and basic safety skills. Songs and other fun activities are used to make children feel comfortable in the water.

Spring Session - 4 weeks: 30 minute class - Price: \$72 RES/\$90 NR

Spring	Saturday, 4/27-5/18	8:15-8:45AM	Program #: 207101.02
	Sunday, 4/28-5/19	10:00-10:30AM	Program #: 207101.03

Summer Session - 6 weeks: 30 minute class - Price: \$108 RES/\$135 NR

Summer	Tuesday, 6/18-7/23	9:00-9:30AM	Program #: 307101.01
	Saturday, 6/22-7/27	8:15-8:45AM	Program #: 307101.03

Tugboats: Water Exploration - Ages: 3-5 years

The objective in this class is to orient students to the aquatic environment through supported floating, arm paddling, kicking on front and back, and water safety. Participants must be comfortable in the water and be able to follow directions.

Spring Session - 4 weeks: 40 minute class - Price: \$72 RES/\$90 NR

Spring	Monday, 4/22-5/13	5:00-5:40PM	Program #: 207301.01
	Saturday, 4/27-5/18	9:00-9:40AM	Program #: 207301.02
	Sunday, 4/28-5/19	9:00-9:40AM	Program #: 207301.03

Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Monday, 6/17-7/22	5:00-5:40PM	Program #: 307301.01
	Thursday, 6/20-8/1 No Class 7/4	9:00-9:40AM	Program #: 307301.02
	Saturday, 6/22-7/27	9:00-9:40AM	Program #: 307301.03

Speedboat: Primary Skills - Ages: 3-5 years

This class is designed for those who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon. Participants must be comfortable in the water and be able to follow directions.

Spring Session - 4 weeks: 40 minute class - Price: \$72 RES/\$90 NR

Spring	Monday, 4/22-5/13	6:00-6:40PM	Program #: 207302.01
	Saturday, 4/27-5/18	10:00-10:40AM	Program #: 207302.02

Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Monday, 6/17-7/22	6:00-6:40PM	Program #: 307302.01
	Wednesday, 6/19-7/24	9:00-9:40AM	Program #: 307302.02
	Saturday, 6/22-7/27	10:00-10:40AM	Program #: 307302.03

Submarine: Stroke Readiness - Ages: 3-5 years

This class is designed for those who have the ability to swim 5 yards on back & front without support. Participants learn rotary breathing, water safety and basic swim skills are improved upon. Participants must be comfortable in the water and be able to follow directions.

Spring Session - 4 weeks: 40 minute class - Price: \$72 RES/\$90 NR

Spring	Wednesday, 4/24-5/15	5:00-5:40PM	Program #: 207303.01
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Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Monday, 6/17-7/22	9:00-9:40AM	Program #: 307303.01
	Wednesday, 6/19-7/24	5:00-5:40PM	Program #: 307303.02

Private Lesson Single Sessions

If you can't commit to an entire session of privates, we are happy to offer Private Lesson Single Sessions. Each Private is 40-minutes long with an experienced GPCC instructor. Choose to sign up for just one or as many as you like! Perfect for people with busy schedules and for any skill level. Availability is limited and will vary with our instructor's schedules. For registration or to check on availability call Aquatics directly at (610)313-4060.

Price per session: \$40 Resident/\$50 Non-resident

SWIM LESSONS

Tadpole: Water Exploration –Beginner Class- Ages: 6-13 years

The objective of this class is to build comfort and safety in the water. Elementary swim skills are introduced: floating, arm paddling, kicking on front and back, and water safety.

Spring Session - 4 weeks: 40 minute class - Price: \$72 RES/\$90 NR

Spring	Tuesday, 4/23-5/14	5:00-5:40PM	Program #: 207401.01
	Thursday, 4/25-5/16	6:00-6:40PM	Program #: 207401.02

Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Monday, 6/17-7/22	7:00-7:40PM	Program #: 307401.01
	Tuesday, 6/18-7/23	5:00-5:40PM	Program #: 307401.02
	Thursday, 6/20-8/1 No Class 7/4	6:00-6:40PM	Program #: 307401.03

Goldfish: Primary Skills – Beginner Class- Ages: 6-13 years

This class is for children who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

Spring Session - 4 weeks: 40 minute class -Price: \$72 RES/\$90 NR

Spring	Tuesday, 4/23-5/14	6:00-6:40PM	Program #: 207402.01
	Saturday, 4/27-5/18	10:00-10:40AM	Program #: 207402.02

Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Tuesday, 6/18-7/23	6:00-6:40PM	Program #: 307402.01
	Thursday, 6/20-8/1 No Class 7/4	7:00-7:40PM	Program #: 307402.02
	Saturday, 6/22-7/27	10:00-10:40AM	Program #: 307402.03

Seahorse: Stroke Readiness – Intermediate Class- Ages: 6-13 years

This class is designed for 6-13 year olds with the ability to swim 5 yards on back & front without support and are able to use alternating leg & arm motions. Participants learn rotary breathing, water safety and basic swim skills are improved upon.

Spring Session - 4 weeks: 40 minute class - Price: \$72 RES/\$90 NR

Spring	Wednesday, 4/24-5/15	6:00-6:40PM	Program #: 207403.01
	Thursday, 4/25-5/16	5:00-5:40PM	Program #: 207403.02

Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Tuesday, 6/18-7/23	7:00-7:40PM	Program #: 307403.01
	Wednesday, 6/19-7/24	6:00-6:40PM	Program #: 307403.02
	Thursday, 6/20-8/1 No Class 7/4	5:00-5:40PM	Program #: 307403.03

Seal: Stroke Development - Intermediate Class Ages: 6-13 years

This class is designed for those who have the ability to swim front and back crawl 25 yards. Participants improve their aquatic skills and increase their endurance by swimming the strokes for greater distances and with more advanced proficiency.

Spring Session - 4 weeks, 40 minute class - Price: \$72 RES/\$90 NR

Spring	Saturday, 4/27-5/18	11:00-11:40AM	Program #: 207404.02
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Summer Session - 6 weeks: 40 minute class - Price: \$108 RES/\$135 NR

Summer	Wednesday, 6/19-7/24	7:00-7:40PM	Program #: 307404.02
	Saturday, 6/22-7/27	11:00-11:40AM	Program #: 307404.04

Adult Swim Lessons - Ages 13+ years

Learn beginning through intermediate swimming skills and strokes while breaking through any hesitations or fears of the water.

Spring Session - 4 weeks, 40 minute class -Price: \$72 RES/\$90 NR

Spring	Saturday, 4/27-5/18	11:00-11:40AM	Program #: 207601.03
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Summer Session - 6 weeks, 40 minute class -Price: \$108 RES/\$135 NR

Summer	Saturday, 6/22-7/27	11:00-11:40AM	Program #: 307601.01
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AQUATICS SPECIAL EVENTS

Important Aquatics Special Event Information – Read Before Registering

- **All weak or non-swimmers must be accompanied & supervised IN THE POOL by a responsible, paying adult.**
- All weak or non-swimmers must wear a US Coast Guard approved life vest at all times. Loaner vests are available for those who need them.
- All attendees including Parents/Chaperones must register & pay for Special Events.
- All children 12 and under must be accompanied and supervised by a paying adult.
- The Leisure Pool is open only to people who have paid for the Special Event.
- Special Event participants may only use the Leisure Pool - No lap lanes, sauna or whirlpool.
- Pre-registration is encouraged as space is limited for all Special Events.
- All GPCC Aquatics Center Rules & Policies apply during Special Events. Please take the time to review them thoroughly.

Craft Your Own Pool Noodle Lightsaber All Ages

Get ready for Star Wars Day and come to the GPCC Leisure Pool in your Jedi or Sith bathrobes to build your own lightsaber! The Aquatics Department will provide you with pool noodles and parts & supplies to assemble your lightsaber, and then customize the hilt the way the Force guides you. Accompanying adults are welcome to build their own as well! Once constructed, you may bring your lightsaber into the leisure pool to play with, and interact with some special guests to take some photo opportunities!

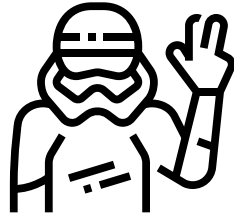
Friday, 4/26 5:30PM-7:30PM

\$40 RES/\$50 NR for Parent & Child

Program #: 207501.01

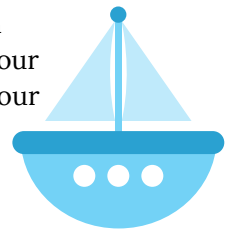
\$20 RES/\$25 NR for Additional Child

Program #: 207501.02



Build-A-Boat All Ages

Create your own toy boat using pool noodles, foam sheets, straws and tape. We'll provide the supplies, but you'll design your boat using creative genius and artistic flair. After your boat is constructed we will set sail for open swim in the leisure pool. You'll get to test your boat's sea legs and have a great time with your family! Boat Building will take place from 10AM-12PM and Open Swim is 11AM-3PM.



Sunday, 5/19 10:00AM-12:00PM

\$40 RES/\$50 NR for Parent & Child Program #: 207502.01

\$20 RES/\$25 NR for Additional Child Program #: 207502.02

Summer Pool Party All Ages

Featuring a Gigantic Inflatable Obstacle Course. School is out and we're throwing an awesome Pool Party to celebrate. We'll have music, party favors and a gigantic inflatable obstacle course in the lap pool for the kids. They can navigate their way through the inflatable pop-ups and over the hurdles before making a big splash down the slide at the end!

Lap lanes will be available for pass holders to lap swim during the event. Kids only on the Inflatable Obstacle Course. Life jackets will be available for weak or non-swimmers. **All children under 12 must be accompanied by a paying adult. This event fills up, pre-registration is a must!**

Friday, 6/21 5:00PM-7:00PM

\$20 Per Person Program #: 307504.01

\$50 for a Family of 4 Program #: 307504.02



Adventure (Aquarium) Night at the Pool – It's Shark Week!

We're celebrating Shark Week at the pool with Adventure Aquarium! Dive into this awesome, hands-on and engaging event at the pool. Adventure Aquarium will be here for an amazing and enlightening shark presentation for both parents and children. They'll also be bringing along a Live Animal Touch Table with super cool ocean creatures. Shark presentation begins at 6:00PM followed by open swim at 6:30PM and live animal touch table will be open for the entire event.

Friday, 7/19 6:00PM-7:45PM

\$40 RES/\$50 NR for Parent & Child Program #: 307505.01

\$20 RES/\$25 NR for Additional Child Program #: 307505.02



SPECIAL EVENTS

Brad Fox Memorial Fishing Derby Ages: 4-15 years
Grab your fishing gear and get ready for Plymouth Township's fishing derby. This will be a free children's event sponsored by the Stony Creek Anglers. Anglers must provide their own fishing equipment. Bait will be available for purchase. Location: East Plymouth Valley Park Pond

Saturday, 4/20
8:00AM-12:00PM
Price: FREE



Cooking With Lorena Ages: 4+ with adult
Skip dinner at home tonight! Instead, make dinner together and learn skills you can use in the kitchen for the rest of your life! This is an adult and child cooking class. All supplies are included.
Price/class: \$60 RES / \$75 NR

Friday, 4/19 6:00PM-7:30PM
Program #: 201110.01
HOMEMADE PASTA



In this class, you will about the different types of pasta and how simple it is to make. Spaghetti, Fettuccine and farfalle are some of the pastas we will learn in this class.

Friday, 5/3 6:00PM-7:30PM
Program #: 201110.02
RAVIOLI CLASS

In this class you will be taught how to make cheese ravioli and spinach ravioli as well. You will also learn different ways to do raviolis.

Friday, 5/17 6:00PM-7:30PM
Program #: 201110.03
EMPANADA CLASS

In this class you will learn how to make a cheese and meat empanada. I am from Argentina and we eat them all the time. If you have a party...you will see empanadas on the table.

Friday, 6/7 6:00PM-7:30PM
Program #: 201110.04
GNOCCHI CLASS

In this class, we will learn how to make gnocchi two ways: Potato gnocchi and ricotta gnocchi. They are both delicious but the ricotta one is more soft while the potato is more firm.

Birding for Beginner's at Harriet Wetherill Park Ages: All Ages!
This lovely park is gaining in popularity as birders come to appreciate the number of bird species attracted to the native plants and varied habitat available here. Spring often makes for easy sightings for new birders, with the birds plentiful and visible as spring residents migrate in, and both spring and year-round residents begin their mating and nesting activities. We may see everything from killdeer and hawks in the cultivated and natural fields, to woodpeckers and just-arriving orioles, warblers and hummingbirds in the woods and butterfly garden. The little stream flowing through is a perfect spot to attract thrushes, green herons and cedar waxwings. We will take about 2 hours on the 1+ mile paved and natural paths for a relaxed exploration of these various areas.

While this trip is targeted at those new to birding, all experience levels and age groups are welcome to join us. Bring binoculars if you have them; the guides will have several pairs to lend. Sturdy, comfortable walking shoes are recommended. There are accessible restroom facilities on site.
Guides: Lynn Sowden, Jim Ermer, Connie Stevenson

Wednesday, 4/24
8:30AM-10:30AM

Location: Harriet Wetherill Park - 2642 Butler Pike
Registration is not required, just meet at the park



Plymouth & Whitpain Township Parks & Recreation- COMMUNITY YARD SALE

Let's go shopping! This event is open to the public and free to attend! One person's trash is another one's treasure. Come find some treasure at our Community Yard Sale. Good bargains to be found for everyone! Location: Montgomery County Community College- Morris Road Parking Lot

Saturday, 6/15
8:00AM-1:00PM

Interested in being a vendor? Please contact Joanna Sharapan at jsharapan@plymouthtownship.org
Additional paperwork is required. Cost: \$20/spot
Program #: 301112.01

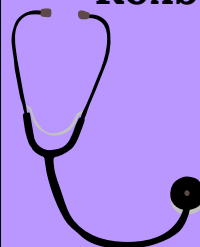
SAVE THE DATE!

Roxborough School of Nursing Health Fair

May 3, 2024

9:00AM-12:00PM

Location: GPCC



Free screenings, information booths, door prizes, light refreshments and more!

SPECIAL EVENTS

Canvas Painting Classes Ages: All Ages

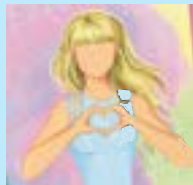
Create your own acrylic canvas to hang in your room! All supplies included. Instructor:

UnWINED & Paint Price: \$13 RES/ \$16 NR



Friday, 4/19

6:00PM-7:30PM - Lady Bugs
Program #: 101202.07



Saturday, 5/4 - Taylor Swift

10:00AM-11:30AM
Program #: 201202.01



Friday, 5/10 - Hedgehog

6:00PM-7:30PM
Program #: 201202.02



Saturday, 6/1 - Sea Turtle

10:00AM-11:30AM
Program #: 201202.03

National Night Out

Plymouth Township Police & Plymouth Township Parks and Recreation have once again joined forces! This event is an annual crime prevention and community policing celebration. Mark your calendar!

Location: Community Center Park

Tuesday, 8/6 6:00PM-9:30PM

6:00PM-8:00PM- Community Vendors & Attractions.

8:00PM-9:30PM- CONCERT: Studio Two Tribute (Beatles Tribute Band)

Looking for sponsors & vendors! Contact Joanna for all the details. jsharapan@plymouthtownship.org



SILVER SOCIALS

Coffee & Cards Ages: 55+ years

GPCC seniors are invited to enjoy some light refreshments while playing classic card and board games! We will provide coffee, donuts, and a wide assortment of games. Feel free to bring your favorite game or games from home! Space is limited and pre-registration is required!

Location: GPCC

Monday, 4/8

11:00AM-1:00PM
Program #: 201114.01

Monday, 5/13

11:00AM-1:00PM
Program #: 201114.02

Monday, 6/24

11:00AM-1:00PM
Program #: 301114.01

Monday, 7/15

11:00AM-1:00PM
Program #: 301114.02



SPONSORED BY: **Humana**

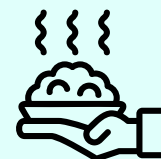
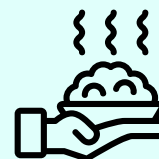
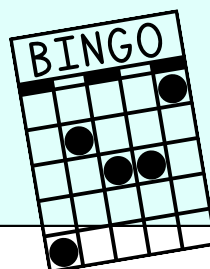
Potluck Bingo Ages: 55+ years

Time to gather and share with friends - old and new! Bring your favorite dish to share and try some new ones! Sign up with your shareable dish at the front desk. Come ready to eat and WIN! Space is limited and pre-registration is required!

Location: GPCC

Thursday, June 13

11:00AM-1:00PM
Program #: 301114.03



Plymouth Township Day 2024

Saturday, June 1st

10:00am-2:00pm

East Plymouth Valley Park - 900 Germantown Pike

The day will be packed with family fun, inflatable attractions, community groups, local businesses, crafters, Plymouth Township Police Department's K-9 demonstration, DJ entertainment and SO much more!



- Baggo Tournament- \$200 prize!
- Streetside BBQ Food Truck
- Plymouth Little League Concession Stand
- Remote Control Monster Trucks
- Mini Golf
- Inflatable Attractions
- Garrison Carida- Storm Troopers
- Face Painting
- Balloon Creations
- Rita's Water Ice
- Plymouth Township Emergency Services
- Stilt Walker & Juggler

Early Bird* Prices:

Ages 4 & under: \$14

Ages 5 & over: \$19

Additional fees apply for credit card payment

**Starting May 1 through May 31. Can be purchased in person at GPCC, online or over the phone.*

Program # 805101

June 1st Prices:

Ages 4 & under: \$18

Ages 5 & over: \$25



Plymouth Township Parks & Recreation is looking for vendors, sponsors, community organizations and crafters to join in the festivities. If interested, contact Joanna at jsharapan@plymouthtownship.org or 610-313-8681

ADULT LEAGUES

League Information:

- 10 Week Session (8 games guaranteed)
- Top 4 Playoffs
- Ref Fee included in league fees!
- Basketball teams must have the same color jerseys/shirts.

If your team is interested in playing and the registration deadline has passed, please call to check availability! If You would like to play in one of our leagues but don't have a team please contact Shawn at smazei@plymouthtownship.org

Registration dates:

Start Dates: **March 18th**

Deadline: **April 22nd**

Games begin the week of **May 6th**

Men's 18 & Over Basketball- Tuesdays & Wednesdays, 6:15PM-10:15PM		
	League Fees	Weekly Ref Fees
Residents	\$680	Included!
Non-Residents	\$750	Included!

Co-Ed Softball - Thursday 5:30PM-8:00PM		
	League Fees	Weekly Ref Fees
Residents	\$685	Included!
Non-Residents	\$685	Included!

Fall league information will be available in August.

Plymouth Township Parks & Recreation 2024 Performances In The Park

Wednesday, June 19	MOVIE: The Super Mario Brothers	DJ entertainment starts around 7:30PM. Movie starts at dusk.
Wednesday, June 26	CONCERT: Funkin Soulnuts	7:00PM- funkinsoulnuts.com The area's premiere rock n roll band plays "only songs that make you want to sing-along!" High-energy & audience participation makes a FSN show a singularly unique experience!
Wednesday, July 3	MOVIE: Migration	DJ entertainment starts around 7:30pm. Movie starts at dusk.
Wednesday, July 10	CONCERT: The Chris Wolf Band	7:00PM- facebook.com/theflatheadband A blend of hard blues/rock, vintage classics from the 60's and 70's, plus a touch of 90's grunge.
Wednesday, July 17	MOVIE: Barbie	DJ entertainment starts around 7:30PM. Movie starts at dusk.
Wednesday, July 24	CONCERT: Box Of Books	7:00PM- box-of-books.com A bluegrass band from Phila. that combines modern songwriting with an old fashioned instrumentation.
Wednesday, July 31	MOVIE: Spider-Man: Across the Spider-Verse	DJ entertainment starts around 7:30PM. Movie starts at dusk.
Tuesday, August 6 NATIONAL NIGHT OUT	CONCERT: Studio Two Tribute	8:00PM- studiotwotributeband.com All the way from Boston, MA- Hailed as "New England's Best Beatles Tribute Band"



FROM THE BOOT ON THE MOVE



Movies: Refreshments (popcorn, candy & drinks) & Kona Ice will be available to purchase
Enjoy From The Boot on June 19, June 26, July 17, July 31 & August 6
subject to change

Alcohol and tobacco are not allowed on Township property

GPCC Park Amphitheater
2903 Walton Road ~ Plymouth Meeting



CHECK OUT OUR PARKS!



ALAN WOOD PARK 642 FULTON STREET	Play apparatus (NEW!), basketball court, small volleyball area, two picnic tables and grills. Limited parking.
BLACK HORSE PARK 436 SCHOOL LANE	Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.
COLWELL PARK 1340 HILLCREST ROAD	Youth playground and tot-lot, in-line/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.
COMMUNITY CENTER PARK 2910 JOLLY ROAD & 2903 WALTON ROAD	The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.
EAST PLYMOUTH VALLEY PARK 900 GERMANTOWN PIKE (EPV)	Fully accessible playground (NEW!) and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, pavilion with picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot.
HARRIET WETHERILL PARK 2639 NARCISSA ROAD & 2642 BUTLER PIKE (HWP)	Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, youth playground, tot lot and 2 picnic pavilions. Parking lots on both Narcissa Road and Butler Pike.
JOHN F. KENNEDY PARK 480 JEFFERSON ST	Youth playground and tot lot, multi-purpose field, two tennis courts, two bocce courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.
PLYMOUTH HILLS, PLYMOUTH MEETING & SANDWOOD	Undeveloped open space Plymouth Hills: Camelot Drive (2.7 acres), Plymouth Meeting: Sierra Road (2.9 acres) Sandwood: Sandwood Road (3.4 acres)

Plymouth Township Youth and Adult Organizations function as their own entities. Each organization consists of volunteers who serve and operate with a board of officers to coordinate and manage the daily functions of each league.

Plymouth Junior ABA Basketball League

www.plymouthjraba.org

Plymouth Little League Baseball/TBall

www.plymouthhll.website.siplay.com

Greater Norristown Wrestling Club

www.gnwc.org

P-W Spartans Football League

www.pwspartans.org

P-W Spartans Cheerleading

www.pwspartans.org

Colonial Soccer Club

www.colonialsoccerclub.org

P-W Ice Hockey

www.pwicehockey.com

Mt. Carmel Sr./Jr. Legion

www.mtcarmelmounties.com

HOW TO REGISTER

Online: www.plymouthcommunitycenter.org, in person or by phone: 610-277-4312. To get started, you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at info@plymouthtownship.org for your User ID . Use this as your password also.

If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

Photo Information

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, in our Program Guide, in the Township Newsletter, on the Township's cable channel (Comcast 22 & Verizon 43), or submitted to newspapers. Please let us know if this presents a problem.

Safety/Waiver of Liability

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Department- sponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip. A signed waiver along with a COVID 19 waiver is required for participation in all programs.

CANCELLATIONS & CLOSINGS DUE TO UNFORSEEN CIRCUMSTANCES OR INCLEMENT WEATHER

In the event of any unforeseen circumstances or inclement weather, the GPCC will post messages regarding program cancellations and building closings on the website, Facebook, Twitter & Instagram. We will also send out notifications on our app. Due to the large quantity of participants in our programs, we are unable to contact each person when changes must be made due to the weather.

In the event of inclement weather and the Colonial School District (#305) is closed or will be closing early, all recreation programs held at Colonial School District facilities and all After School Rendezvous programs will be canceled. In the event Colonial School District has a delayed opening all preschool classes before 12pm will be canceled/rescheduled. Please check your program status before coming.

To check the status of the building and your program, please check...

Website: www.PlymouthCommunityCenter.org

Facebook: www.facebook.com/plymouthtownship

Twitter: @gpccplymouthtwp

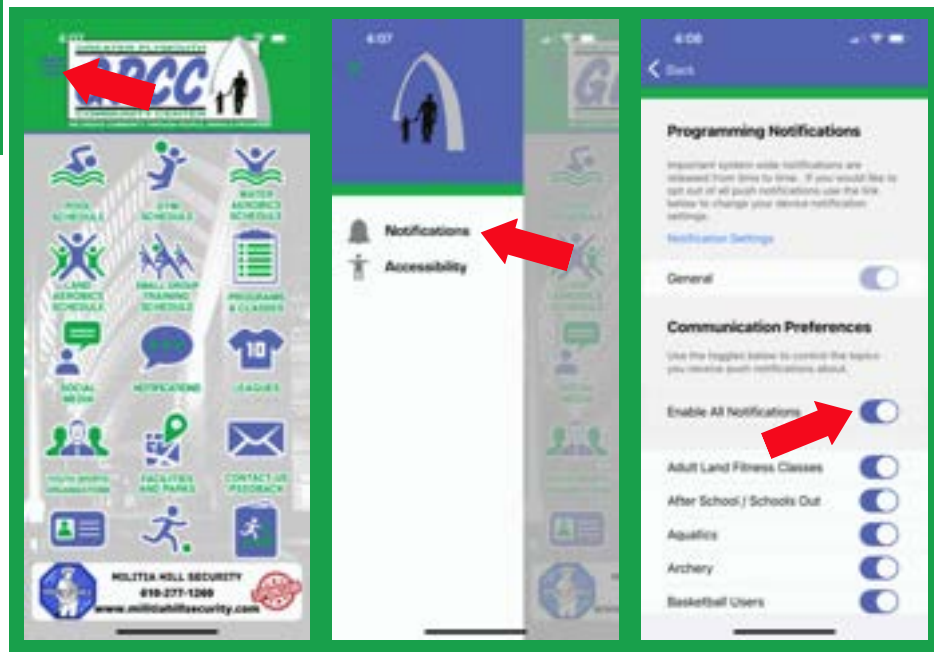
Instagram: gpccplymouthtwp

Phone: 610-277-4312

Download our app and get important notifications.



Search: Plymouth Community Center



Summer 2024 Sponsorship Opportunities

Plymouth Township Day

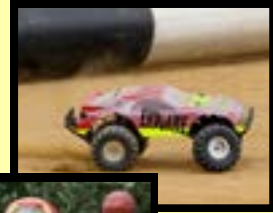
Saturday, June 1st 10am-2pm

East Plymouth Valley Park

Opportunities range from \$300-\$2000.

All sponsorship levels include a booth at the event.

The full list of sponsorship perks can be found on the website.



Performances In The Park

Full concert & movie line up can be found on page 27.

Sponsorship opportunities range from \$300-\$1000. These

are available on a first come, first served basis. Some performances may have more than one sponsor unless you opt for the exclusive benefit of being the sole event

sponsor (\$1000).



National Night Out

Tuesday, August 6th 6pm-9:30pm

Join Plymouth Township's Police and Recreation Departments in this year's community policing celebration. \$300 & \$600 sponsorship opportunities. Both sponsorship levels include a booth at the event.



Contact Joanna for more information jsharapan@plymouthtownship.org

Thank you Winter 2024 Sponsors



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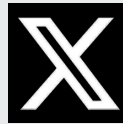
Follow us on social media for updates on the GPCC and our programs!



@gpccplymouthtwp



facebook.com/plymouthtownship



@gpccplymouthtwp

We Are Hiring!
We want you on our team!

- Afterschool Counselor - Barb - bgriffis@plymouthtownship.org
- Preschool Instructor - Barb - bgriffis@plymouthtownship.org
- Summer Camp Counselor - Barb - bgriffis@plymouthtownship.org
- Lifeguard - Harry - hlevans@plymouthtownship.org
- Personal Trainer - Maryann - mbevan@plymouthtownship.org
- Group Fitness Instructor - Maryann - mbevan@plymouthtownship.org
- Basketball Scorekeeper - Shawn - smazei@plymouthtownship.org

Visit: www.plymouthtownship.org/departments/human-resources/gpcc-opportunities
for job descriptions and requirements. Please send your completed application to the email
address of your desired position.